



SURGERY PREPARATION

HOSPITAL

- SMALL UNDERARM PILLOW(S)
- COMFORTABLE OPEN FRONT SHIRT
- COMFORTABLE LOOSE FITTING PANTS
- COMFORTABLE SOCKS
- CHARGERS

HOME

- WEDGE PILLOW/RECLINER
- DRY SHAMPOO & BODY WIPES
- SAFETY PINS/ D CLIP FOR DRAINS
- COMFORTABLE OPEN FRONT PJ'S
- EASY ON BRA (FRONT CLOSE, STRETCH)

OTHER

- MOVE NECESSITIES TO CHEST/WAIST HEIGHT
- MEAL PREP/ MEAL TRAIN/ FIBER
- OPTIONAL: REMOVABLE SHOWER HEAD
- HOUSEHOLD HELP: LAWN, CLEANING
- CHILDCARE CONSIDERATIONS

